



Kairali – The Ayurvedic Healing Village

Panchakarma – 7N

At Kairali – The Ayurvedic Healing Village, the Panchakarma program is designed as a deeply immersive and personalized detoxification journey rooted in authentic Ayurvedic principles. Set amidst 50 acres of serene, forested landscape in Kerala, the retreat offers a holistic healing environment where guests undergo a structured Panchakarma regimen under the guidance of experienced Ayurvedic doctors and therapists. Each program begins with an in-depth Prakriti (body constitution) analysis, ensuring that treatments are tailored to individual health conditions and wellness goals. The Panchakarma therapies; supported by herbal medicines, organic diet plans, yoga, and meditation aim not only to eliminate toxins but also to restore the natural balance of body, mind, and spirit. Complemented by educational sessions on Ayurvedic lifestyle, nutrition, and self-care, the experience extends beyond treatment, empowering guests to sustain long-term wellness even after leaving the retreat.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



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Single – Euro 1278

Double – Euro 2318

Panchakarma – 14N

Single – Euro 2557

Double – Euro 4636

Package Inclusions:

Accommodation

- Personalized ayurvedic treatment plan
- Daily Ayurvedic therapies.
- Diet & Nutrition.
- Wellness beverages
- Yoga & Meditation.
- Educational & Lifestyle sessions.
- Holistic Healing Environment.

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